

Parramatta City Swim Club

Newsletter



www.parracityswimclub.com.au

March 2008

Welcome members and friends. Summer has come and gone and the winter season will soon be here. It is good to see a number of new younger members in club races in the last few weeks.

Read on to find out what is happening within the club.

Club Championship

On 1st March the Parramatta City Swim Club's Summer Age Championships begin in earnest. These championships provide a great opportunity for everyone to get in and stretch themselves with events they would not normally attempt.

Remember:

- A swimmer's age is the age they are on 23rd Feb
- Entries must in before 6pm Thursday evening
- Races start at 7.30am sharp.
- If you miss your race, you cannot swim it.
- Swimmers must compete in one-third of championships to be eligible for an award.
- Only swimmers 8 years and under can compete in 25m races

The Championships program is as follows:

Date	Events
1 Mar	25m Fly, 200m Medley 50m Back, 100m Free
8 Mar	25m Back, 200m Back, 50m Free, 100 Breast
15 Mar	25m Free, 200m Free 50m Breast, 100 Fly
22 Mar	Easter Break
29 Mar	25m Breast, 200m Breast, 50m Fly, 100 Back
5 April	Club Relay Champs + Other Special Events Breakup Party
12 April	School Holiday Break
19 April	
26 April	Winter Season begins

Easter Raffle

Over the next two weeks, tickets will be on sale for the Club's Easter Raffle. Books of 15 tickets will be available from Betty or Nicole. Tickets are \$1 each or 3 for \$2. There are three great prizes for the raffle; all include lots of Easter Eggs.

All profits from the raffle will go to buy equipment for our Learn to Swim classes.

The raffle will be drawn at 10am on 15 March.

Break up Party

Saturday, 5 April will be the final club race day of 2007-08 Summer Season. In keeping with more than 50 years of tradition, the club will be holding a break-up party to mark the end of season.

The program for the morning will be:

7.30-8.30	Club "Novelty" Races
8.30-9.00	Club Handicap Relay
9.00-9.30	Break-up Party
9.30-11.00	Learn to Swim Lessons & Games

The club will be supplying free food and drink and drink to all members.

Club Handicap Relay Championship

Again this season, the Club Handicap Relay Championship will be held. This relay is one of the highlights of the season and the result is always extremely close.

Relay entry forms and rules are available from the recording desk. Entries must be handed into the desk no later than 8am on the day.

Speedo Sprint Series

Congratulations to Vivian Zhu for her wonderful swimming at the recent Castlereagh District Speedo Sprint Series heats. Vivian received two seconds and a fourth in the 9-year-old girls races. We wish Vivian good luck when she competes in the State Speedo Sprint finals on 9 March

School Swimming

It is wonderful to see so many of our younger swimmers do so well at recent school carnivals. From all reports, many of them smashed their times, got plenty of places and now will be representing their school at the next level. Good luck to everyone!!

Learn-to-Swim

Even though this summer has been more what you would expect in London than in Sydney, the club's Learn-to-Swim program has been doing very well. Even though there have been a number of cool Saturdays, pupil numbers have been averaging around 70 each week, with nearly 100 pupils some days.

It is most pleasing to see how many students have advanced two and three classes since the beginning of the season.

Congratulations to Saedi Shahrouk and Daniel Haugh for passing their Austswim instructors exams. These two together with Sam Horlyck will give the club three new instructors. It is great to see these young people give their time up freely to help with our Learn-to-Swim.

On Thursday afternoons between 6 and 7pm the club holds lessons for advanced learn-to-swimmers. These additional lessons are providing students with the opportunity to greatly improve their technique and fitness, as well as their confidence in the water. It is good to see a good number of these pupils starting to attend club races on Saturday morning.

Helping on Saturday Mornings

Parramatta City is a reasonably small club and therefore it is important that everyone pitches in and helps. This is especially true on Saturday mornings where it is essential that everyone pitches-in and helps.

Club Clothing

The following club clothing is now available:

Silicone Caps	\$5
Large Club Towels	\$15
Club Polo Shirts	\$10 / \$15
Club Costumes	From \$20
Club Shorts	\$14 / \$16

Club Tracks Suits and Parkas are also available. See Betty Horlyck prices and sizes.

Marshalling

Again this year, the club has been invited to provide marshals for a number of events. Last year club members had a great time at these events while earning the club significant funds.

At this time, the events for which helpers are required are:

Event	Date	Location	Marshals Required
Cadbury Easter Egg Hunt	Friday 21 March	Manly	30
BRW Triathlon	Sunday April 13	Domain Sydney	30

Over the next few weeks, you will be asked which event you can attend. We would like each family to provide a marshal for at least one of these events.

The club will be "rewarding" those families that provide helpers for these events.

Club Contacts

Telephone

Wayne Wood	President	0403805855
Debbie Cooke	Secretary	9863 1996
Bruce Horlyck	Race Registrar	9858 1437
Wendy Wood	Race Committee	9688 3367

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