

## Crystal Bed Pricing:

Initial 30 min session \$50.00

Subsequent 60 min Session \$80.00

## Frequent User Discount:

**Have 5 crystal bed sessions and receive the sixth session free**

## The Practitioner:

Sue has visited John of God both in Brazil and New Zealand. He has specially blessed the crystal bed for use in the Healing Haven.

**Sue Larkin** is a qualified & professional Reflexologist, registered with ATMS (Australian Traditional Medicine Society) & RAA (Reflexology Association of Australia).



**Sue Larkin**  
B.A. Dip Ed

**Sue's Healing Haven** offers many ways to relax, restore and revitalise, including:

- Reflexology
- Cell Balancing
- Crystal Bed Treatments
- Therapeutic Healing Massage
- Qi Gong Healing & workshops
- Emotional Stress Releasing
- Chakra & Energy Balancing
- Guided meditations & relaxation techniques
- Products to support you

**Take control of stress by learning simple, yet effective relaxation techniques**

**To make a booking contact Sue:**  
**Address:** 23 Ludgate St, Concord **Tel:** (02) 9743 4017



# Crystal Bed Healing

**Sue's Healing Haven**  
ATMS & RAA Registered Provider



## Effective Energy Healing

**Address:** 23 Ludgate St, Concord NSW  
**Tel:** (02) 9743 4017  
**Mobile:** 0414 291 489  
**Email:** [sue@tortech.com.au](mailto:sue@tortech.com.au)  
**Web:** [www.sueshealinghaven.com.au](http://www.sueshealinghaven.com.au)

## What is Crystal Bed Healing?

The Crystal Bed is a healing device that has been developed in Brazil, for the world-renowned healing centre, The “Casa de Dom Inacio”. The bed has 7 extremely clear and highly polished quartz crystals suspended approx 30cm above the client lying on a massage table.



Each of the quartz crystals has been cut to a specific frequency and is aligned above one of the seven human energy centres or chakras. Coloured lights, chosen to match the chakra colours, radiate light and energy through the crystals to each respective chakra. They shine on and off in certain rhythms to cleanse, balance and align your energies. The individual receiving the session rests face up with eyes closed, bathing in the energy.

The crystal bed healing is non-invasive, the client just needs to remove shoes.

## How does the "Crystal Bed" produce Healing?

The "Crystal Bed" combines the power of Colour Therapy and Crystal Healing Therapy. This energy stream produces beneficial stimulation on many physical and energetic levels of being. The coloured light shining through the crystals opens up the channels or chakra's to enable deep healing to occur.

## How often should I have it?

If someone is very ill, then sessions can be as many as two to three per week until their level of health improves. Then reducing the frequency to weekly and then to monthly. For relaxation and a energy 'tune-up' then one or two sessions weekly are adequate.



## What will I experience?

People feel all manner of sensations during and after sessions - pressure, weight, lightness, heaviness, hot, cold, wind, tickling, tingling etc. The crystals can evoke feelings of peace and serenity, and typically a very deep relaxation. You may simply fall asleep and wake up feeling very refreshed and renewed.

## What to expect after "Crystal Bed Healing" Session?

As with many of Subtle Energy Healing Therapies, no claims can be made that any disease states can be cured. However there are many, many reports of healings occurring. Healing can occur on many different levels, spiritual, mental, emotional and physical.

## Clients reported the following:

- \* **improvement in health conditions**
- \* **feeling more energized**
- \* **feeling deeply relaxed**
- \* **feeling more at peace, less stressed**
- \* **improvement in sleep**
- \* **a deeper spiritual understanding**
- \* **gaining insight into their future**